

The Oregon Legionnaire

The Voice of Oregon's Veterans Since 1919 *October 2022*

THE
AMERICAN
LEGION **FAMILY**



Notes from Commanders,
Commission Reports,
Auxiliary, SAL,
Trivia and so much more...

Also in this Issue:
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Mt. Hood
Photo by S. Flynn Phillips

(L-R) PDP, Jodi Marsh, PDP Debbie Levy, American Legion Race Car Driver, Jimmie Johnson, Past National Aid to the Commander, Dirk Levy, Distict 2 Commander, Betty Fish-Ferguson and Dept Chaplain, Steve Schollenberg





CORY BROCKMANN
DEPT 1ST-VICE COMMANDER

The Power of One

The power of one. It begins with you.

Most everything worth doing takes effort, sometimes extraordinary effort. Thus, the 'Power of One' is the initial building block of success. One idea, one step, one phone call, one act of kindness, the list is endless. And that is why teamwork is so invaluable, each member working together for the successful completion of a task or objective.

National Commander Jim Troiola has made tackling veteran suicide his top priority for the year. *Be The One* campaign participation by each of us will more quickly help bring an end to veteran suicide. And while *Be The One* begins with each of us, we can be more effective if we work collaboratively as a team. Be the one to help save a life - learn more about *Be The One* campaign at <https://www.legion.org/betheone>.

An easy and impactful place to begin making a difference is by developing a plan to conduct buddy checks. A good plan is multifaceted and can include text messages, email, phone calls, social media, and going door-to-door, simply checking to make sure veterans are doing alright and then sharing information on benefits and resources that each may need.

Conducting buddy checks ensures a stronger, healthier membership body and can also help improve the vitality of the post. Our members need to feel their membership matters and that we care. Let's show them we care! The

power of one begins with you - ask within your post how you can help make buddy checks and support membership activities.

A highlight drawing attention multiple times at the 103rd American Legion National Convention held in Milwaukee, WI, demonstrates clearly the benefits of taking action and teamwork. That being, acknowledgment of the passing of the PACT Act (*formally, the Sergeant First Class Heath Robinson Honoring Our Promise to Address Comprehensive Toxics (PACT) Act of 2022*). Over 34,700 Legionnaires took action in contacting their legislators for action on the PACT Act, and greater than 550 from Oregon supported the effort. That support made a positive difference, but imagine how much stronger our voice could be if more members took action! We are a powerful voice for veteran advocacy. Let's make that voice even stronger with your help. The power of one begins with you! Please visit the Legislative Action Center to sign up for legislative alerts and learn more at: <https://www.votervoice.net/AmericanLegion/home>

The power of one. You are the one. Thank you for all you do! We are Veterans Strengthening America.

Department Officers

Commander	Larry Wittmayer
Imed. Past Cmdr	Don Weber
1st Vice Cmdr	Cory Brockmann
2nd Vice Cmdr	Daniel Burks
Adjutant	S. Flynn Phillips
NECman	Kevin Owens
Alt NECman	Gene Hellickson
Finance Officer	Bob Huff
Chaplain	Steve Shollenberg
Historian	Dick Winders
Judge Advocate	Gene Hellickson
Service Officer	Ed Van Dyke
V. S. O. Assistant	Jody Marsh
Sgt-At-Arms	Phyllis York
Asst Sgt-At-Arms	Mike Morris
Asst Sgt-At-Arms	Ward Allen



S. FLYNN PHILLIPS
DEPT ADJUTANT

More and more Post Adjutants and Commanders are getting signed up and running with the new MyLegion. National HQ

has been steadily refining the bugs out of the system. I'm seeing some of the old guards getting MyLegion up and running, and they are finding out that it's not as hard as they thought. We still have some holdouts that are counter-productive to the Post.

Posts need to grow their own new and younger computer savvy Adjutants. They want to help, and what better way to get them going? The Adjutant's role is Pivotal to the post. I stand ready to help anyone get signed up and running with the new MyLegion. It is the future, and the future is **NOW**.

Last night we had a virtual DEC, and we discussed the budget cut of losing an employee, the Administrative Assistant. The pleasant voice you hear when she answers your call. Her last day will be September 30th. The office will be closed to walk-ins, and no phone calls on Thursday and Friday to allow me to try and pick up the slack. There will be a sign on the door, and you will hear a new voice message concerning the new hours of operation. Yes, this affects the auxiliary side as well. Cindy and I plan to work from home on Friday. So you need to rely on your District Officers and Commission and Committee chairpersons for help. This will be the new norm until the total membership count gets high enough to bring that help back.

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S. FLYNN PHILLIPS If you remember, **DEPT ADJUTANT** our Membership Chair Dan Burks spelled it out pretty well back at the DEC in Burns, Oregon. We need about 6000 members department-wide to be where we need to be budget-wise, or a constant inflow of donations to cover operations. The projected membership number is what we use to base the budget on, and it has declined steadily over the years. But there is still a considerable population of Veterans to tap into right here in Oregon. So you see, increasing membership is so much simpler. It allows more veterans to get involved in the greatest Veteran's organization.

Think back to **WHY** you joined the Legion and tell others why you joined the Legion. That positive attitude will rub off on the very people we need in our organization. Membership will grow, and you can feel comfortable that our legacy will continue when you die. So, my fellow Legionnaires, the rest is up to you.

All District Commanders and Department Officers have attended meetings on our reduced Department income with declining membership, and our other sources of income have been reduced, and our expenses have increased. We have held discussions and have a plan which is achievable. A resolution was presented at a special Department Executive Committee (DEC) meeting and approved to go forward with our plan. Information has been presented by your District Commanders at District your District Meetings and from Department Officers and through this publication and our Department electronic communications. Each Post has received a flyer with the Commanders Challenge for your Post and Members asking for your assistance in the form of donations.

Repeated, District Commanders and New District Officers, 990 Tax filing for your Posts are on your Post assessment sheet. There are no exceptions. All Posts must file their 990 taxes. We, Department, and Posts are under the

National Umbrella and Group Exemption Number 0925, our 501c19. Remember, every Post is a separate corporation. It is a business, **PDC, BOB HUFF** and you **DEPARTMENT FINANCE OFFICER** operate under the Corporate Laws of Oregon. You pay a filing fee each year to the Secretary of State, Corporation Division.



Remember, the Oregon American Legion Foundation is a 501©3. Contributions are tax-deductible, and funds are used for our programs. There is a lot of information and grant requests on our Web Site. Department Program Chairs, there are grants available for most of our programs. All you must do is apply for them. We have our Foundation, which is a 501c3 which grants can be made out to earmarked for your Program.



PDC, GENE HELLICKSON
DEPARTMENT JUDGE ADVOCATE

Remember these facts from the National Judge Advocate when your Post decides to have some items with the American Legion Emblem on them.

official insignia and possessing authorized jewelry or merchandise bearing the insignia. Posts are confined to using the emblem or brand mark, or reproduction of the emblem or brand mark, on stationery, Post publications, notices, posters or place cards, or matters of similar character used in the ordinary routine and conduct of legitimate post business. Any other use of the name "The American Legion" or the emblem/brand mark shall be subject to the approval of the national adjutant.

For frequently asked questions about the emblem, please visit www.legion.org/emblem.

If you have something specially made with The American Legion emblem that wasn't made through Emblem Sales and wasn't approved by the National Adjutant, there are some legal ramifications.

The name, brand mark, and emblems of The American Legion are registered service marks in the U.S. Trademark Office and protected by criminal and civil provisions of federal law (18 U.S.C.S. 705 and 36 U.S.C.S. 21704 and 21705). "What this says is that it's illegal to manufacture the emblem of a veteran service organization without the written consent of that organization,"

Legion emblem. The use of the emblem or brand mark by an individual Legionnaire is limited to wearing the



SUSAN HUGHES
DISTRICT 1 COMMANDER

Well, happy October, everyone. It has been a busy couple of months. 1st District meeting went well. All the posts that attended stated that they were working on membership. A couple of the posts have agreed to help with the Department's financial assistance along with District 1.

We have two posts in District 1 that have started Vittles for Veterans. It is a significant cause that helps your members and the community where you live.

The next District 1 meeting is on December 17th at 1:00 PM, with lunch at the Tigard Post #158.

See you there.

Need to Know Dates

October

Halloween Safety Month
Launch Membership Campaign
NEC 10-13
DEC Oct. 28-30
Rev Up for Veterans Day 11-11

November

Membership Campaign
Lead Community in Veterans Day
American Education Week

December

Pearl Harbor 7th
Christmas Cheer
Christmas 25th
Visit Veterans who are ill or
in assisted living homes



The German film "Nosferatu," is a horror film about?

- A. Ghosts
- B. Dracula
- C. Werewolves
- D. Zombies



BETTY FISH-FERGUSON
DISTRICT 2 COMMANDER

Incoming District Officers for the 2022 - 2023 year are as follows.

Commander Betty Fish-Ferguson
1st Vice Cmdr Mike Speers

2nd Vice Cmdr Ian Gerstel
Adj and FO Richard Ramey
Sgt-at-Arms Yvette Morse-Warrington
JAG Renee Ohler
Chaplain Steve Shollenberg
VSO Carole Bova-Rice

District 2 had its first meeting of the instructional year on September 18th at the home of Sheridan Post 75. The Auxiliary spearheaded a fabulous potluck, and the meeting followed.

Committee reports were lengthy, but it was great to see people showing a renewed enthusiasm for carrying out the work of Legion programs.

District 2 Committee chairpersons are as follows:
Oratorical Debra Jacobson
Legion Riders Lorie Heinze (submitted a report that 1st Vice Mike in her absence, read)
Boys State Fred Broadwater
Americanism Ann Everetts
Scouting 1st Vice Mike Speers

Jim Willis Law Enforcement Career Camp Cmdr Betty Fish-Ferguson Jr. Shooting Sports Dan Evers
SAL No representative at this time
Children and Youth Yvette Morse-Warrington
Baseball Art Cummins (Mike Sowles reported in Art's absence)

Post visitations have commenced, and I am pleased to hear that Woodburn Post 46 has found a new Post home at a location I have not visited yet. Kudos to Commander Matt Price for his efforts.

It was a great meeting and a great start.

Respectfully submitted



TIM TROUPE
DISTRICT 8 COMMANDER

The heat wave is back, but we can use the mango smoothie to survive.

This last month we have been working on how to survive the heat, the budget, and membership.

If your post has not received its lists yet, it is because your paperwork is not up to code.

Money. The department needs it. Look at your funds and see what you can donate. They want a 3-year commitment, but donate this year and look at what you can do for the next few years.

We have to do some fundraising at

the district. This means trips to the tribes. Or raffle-off stuff.

I will put a budget measure for prizes in supporting our district—challenge coins.

I would like input on the request to turn all the drill teams and color guards into a district-level pool; we all train to the same standard and uniforms.

District 8 was there to represent the department of Oregon on Sept 9th, 2022. I was moved by how much our brothers and sisters wanted to share what little they had. It was refreshing how much a handshake, a smile, and a hug just made it better. My heart swelled, and a tears-filled my eyes because the emotion of the gathering felt to be more. And We were not alone. We had our veteran family.

So, I ask you, how can you not stand up and snap one off?



LARRY HILL
DISTRICT 9 COMMANDER

Generally speaking, the troops are relatively quiet. The retention business is slower than I would like.

Post 76 in Port Orford – Kevin and I met with two post commanders who were the only ones to attend the meeting. Mr. Doolley is 92 and many years commander. Greg Tidey was the last elected Commander who now sits on the City Council and Park Commission. Doolley and Greg do not want the Post to close. They are going to try to gin up some interest. Tidey made a note of

the fact that potential members or members in his age group communicate online and in chat rooms. That is not to say that they are closed to membership; they would prefer it to be in a medium that they are most comfortable in. It would be possible to field such a post through the wonders of science to quote notables.

However, in order to give them something to work with and hang their hats on – there should be written or published guidance on the establishment of a digital post or a blended post that would utilize the “old guy” format for those of us who are accustomed to that and the digital application for the remainder. So, how about a little assistance, please?

Editors Notes

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Since 1919
The Voices of Oregon Veterans
The Oregon Legionnaire

Official Publication of The American Legion, Department of Oregon.

Published online 12 times per year by The American Legion, Department of Oregon.

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The Oregon Legionnaire assumes no responsibility for material submitted and reserves the right to edit submissions

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LARRY HILL

Post 16, other DISTRICT 9 COMMANDER I-5 posts, the Douglas County Veterans Forum, have joined forces with Vietnam Veterans #805, who this time are spearheading the save the Roseburg VA Hospital from extinction. For the past four efforts, the Legion was at the “tip of the spear”. We obtained some favorable actions, and when the director moved on and was replaced, all our work went away. Then 3 or 4 years later, there would be another frontal assault on the hospital by VA – trim services, move services to Eugene, and numerous other actions that have resulted in the gutting of the hospital. Almost all specialty clinics are now in Eugene, and the building continues in

Roseburg, but the question is why. There are no inpatient beds except for 28 or so for dementia care. The dental clinic now has four dentists, and they are overbooked but still here. And so, it goes. More information can be supplied upon request.

VVA leadership met with their National Commander and staff about three weeks ago, and they have agreed to champion our (Roseburg's) cause on a national level. Roseburg will be the prime example of the deterioration of the state of rural health care within the VA nationwide. So, it would also be great for other veteran groups to agitate for the cause. Good luck to those of you preparing for hunting season(s). See you all at DEC.

Calendar of Events

October Halloween Safety Month
12-13 NEC
28-30 DEC
31 Halloween

November Veterans Day
11 Veterans Day (Closed)
24-25 Thanksgiving (Closed)

December Pearl Harbor Day
7 Pearl Harbor
17 District 1 Mtg
24 Christmas Eve (Closed)
25 Christmas Day (Closed)
31 New Years Eve (Closed)



I have a POW/MIA Wooden flag, made by a fellow veteran, that I am raffling off for my Commanders Project.

PNVC, ROB LIEBENOW

DETACHMENT COMMANDER

The tickets are **6 for \$5.00**, or **30 for \$20.00** giving you an extra 6 tickets.

Please call me at **503-318-6426** if you wish to purchase some tickets.

The drawing will be held at Department Convention in June 2023



Along with Marc Chaney, Ward Allen, and Larry Horne, I attended the 50th National Convention of The Sons of The American Legion in Milwaukee, WI. While there, I completed Detachment Commander's training and participated in the VA&R meetings and Membership Meeting, where I received our 100% Detachment Ribbon. The Detachment of Oregon was 13th in the Nation at just under 107%. We did this through new members, and that is a good thing. But our retention rate was just 85% and should be at least 90%, so we need to work on that for 2023.

Congratulations to Seaside Squadron #99 for receiving the 2022 National Children & Youth Best Regional Report Award. I will present the certificate at their meeting on Sept. 13th.

The Detachment of Oregon received a citation for achieving and exceeding the \$2 per capita to the Child Welfare Foundation. That is great, but I think

we can do better in 2023.

Looking at membership, we have 41 squadrons on the books, but only 31 of them are active. You could lose your charter if your squadron had a 0 membership for 2022. Please get the 2023 membership in and save your squadron. I sent 24 squadrons their membership cards before I left for the convention. I am still waiting for the other 7 to fill out and return their confidential report. Out of the ten squadrons with no activity, we are looking at pulling five and voting on another 3 to pull. We hope to rebuild Sheridan #75 and Salem #136 and charter a new squadron in Vernonia, Sweet Home.

DEC will be October 29TH in Springfield at 1 pm. I will send out details when we get closer to that date. Squadron Commanders should attend or have someone there to represent their squadron. Attendance has been down, and we need to turn it around. *Continued on page 7*



AUXILIARY NEWS



Department of Oregon ALA President
Debra Godwin 2022-2023

My motto is:

A Year of Learning, With Positive Communication!!!

DEBRA GODWIN
DEPARTMENT PRESIDENT

PDP, KATHI KARNOWSKI Unit #43 La Grande, hosted a Chicken Fried Chicken dinner on September 24th. Department President, Debra Godwin, attended the dinner and also got to see our Tiny Homes for Veteran's. We were invited in by Dennis to see his home and also visit with him. President Debra, invited him to come check out our Post and have dinner, he came and brought a neighbor. Unit #43 offered to pay the first year for each Veteran moving in but none of them have taken us up on this offer. It was a great turnout for the dinner and we thank President Debra for making the trip to see us.



President Debra Godwin visiting a veteran in the Tiny Homes for Veteran's in La Grande, OR



Volunteers are deeply appreciated



Legionnaire, Ken Johnson in the kitchen helping with Dinner

PDP, KATHI KARNOWSKI Unit #43 La Grande had an Open House / Membership Drive on September 17th and we were disappointed by the low turnout. The food was plentiful along with many door prizes. This was held from 12 pm to 3 pm and the weather was perfect! Unopened leftover food, was taken to the Fire Department and they were very happy to get it. There was a spread of food put out in the Post for all family members to enjoy Saturday afternoon as well. Chairman Catie Johnson and co-chairman, Maggie LaMont hosted this event. An information table was set up with giveaways and membership info to all those who came in. We had interest for one new Auxiliary member and one renew, as well as interest for The American Legion.



(L-R) Sharon Haefer, Teresa Carson-Mastrude and Kathi Karnowski



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PNVC, ROB LIEBENOW
DETACHMENT COMMANDER

I have been communicating through email, and if I do not have contact info for the squadron adjutant or commander, I can not keep you updated on events going on with the Detachment. This can be a great year, and we can continue to grow and be productive. It is up to you.

Hope to see you at the Oct. DEC.



RICHARD RAMEY
INTERNAL AFFAIRS CHAIR

We are well into our new 2022-2023 membership year, and many posts are ramping up their activities and membership recruiting.

Sometimes it seems we emphasize membership so much that the other programs we have pale in comparison to our attention. Our posts are accomplishing great things in their communities, and as posts tell their members and the community, they will see all the good work we are doing, and their membership will grow because they will want to participate. After all, when you approach a person to become a member, it would be nice if you could tell them all the good things your post is doing for veterans and the community.

Each post has several programs they work on each year. You can get an idea of a post's activity level by looking at the Consolidated Post Report that is filled out every year. And, many posts have much more going on than there are places to report on this document. Also, looking back at past post newsletters, they list the events conducted by a post at the time they occur.

If you had to name one of the "signature" programs that your post participates in each year, could you? Now would be an excellent time to highlight that program at a post-meeting and encourage members to give ideas on how your post might improve the program for this year. Most people would like to help, and often all it takes is an invite for ideas.



Legionnaire's National Convention in Milwaukee, WI, is behind us. Commander Troiola is our new Commander. Suicide Prevention is his theme. "Be the One" is his theme message. Be The One to help a vet in emotional trouble that may lead to suicidal actions. Let's be observant of our veterans and be helpful if possible. 988 +1 is the Suicide Prevention hotline. Until next month. Have a good September. James Jerome D-10 Commander.



JOHN LEE
LEGISLATIVE CHAIR

influence members of Congress and the legislative process is the ability to mobilize membership. The most effective way to support The American Legion's legislative agenda is communication – by individuals in their local posts expressing their views on specific bills. Emails, telephone calls, Legislative Alerts, and personal letters from constituents have a powerful influence on members of Congress. They want to hear from you to gauge public opinion on specific issues.

Legislation at the Grassroots

The American Legion is a grassroots organization at its core. Critical to our ability to

there were 34,000 letters sent to our representatives. In 4 days, the PACT act came out of committee and is now law. Can you imagine what the results would have been if every Legion member had sent letters to their legislative representatives?

Use the QR code and sign up for Alerts for our Legislative Division in Washington, DC. You can find your elected representatives at our [Legislative Action Center](#). This can be found in the bottom right corner of the page at <https://www.votervoice.net/AmericanLegion/home>. You can also contact your representative in a variety of ways, including virtual meetings, phone calls, emails, and through social media.



Additional information can also be found on the Advocacy Toolkit page. (<https://www.legion.org/washingtonconference/241150/advocacy-toolkit>). While on the Advocacy toolkit page, watch the YouTube video "Know Before You Go."

When the PACT Act was stalled,

Department of Oregon 2023 Membership



as of 9/30/22

Including Encumbered HQ Transfers



OR Dist 0001 LGN

Post	Name	Location	New	PUFL	Renewal	HQ Tran	Totals	Goal	% of Goal
OR-0002	Washington	Forest Grove	4	35	44	1	84	140	60.00
OR-0006	Hillsboro Inc	Hillsboro	6	55	80	1	142	245	57.96
OR-0012	Clatsop Inc	Astoria	0	56	16	0	72	410	17.56
OR-0042	J H Wellington Inc	St Helens	2	17	43	0	62	120	51.67
OR-0047	Tillamook	Tillamook	0	2	1	0	3	15	20.00
OR-0056	Argonne Inc	Shenwood	2	31	81	0	114	235	48.51
OR-0068	T Les Galloway	Clatskanie	1	20	51	0	72	120	60.00
OR-0090	John Kalmbach	Banks	2	19	44	0	65	142	45.77
OR-0099	Seaside	Seaside	9	39	123	1	172	320	53.75
OR-0104	Aloha	Aloha	9	66	182	2	259	500	51.80
OR-0119	Vernonia Inc	Vernonia	1	2	8	0	11	38	28.95
OR-0124	Beaverton	Beaverton	0	14	27	0	41	115	35.65
OR-0126	Neill Walker	Nehalem	0	3	1	0	4	15	26.67
OR-0158	Tigard	Tigard	14	68	179	3	264	584	45.21
OR-0168	Cannon Beach	Cannon Beach	0	10	57	1	68	151	45.03
SUM:			50	437	937	9	1,433	3,150	45.49

OR Dist 0002 LGN

Post	Name	Location	New	PUFL	Renewal	HQ Tran	Totals	Goal	% of Goal
OR-0007	Delbert Reeves	Silverton	0	9	7	0	16	27	59.26
OR-0009	Capital	Salem	0	40	56	2	98	180	54.44
OR-0017	Keizer	Keizer	0	2	25	1	28	44	63.64
OR-0020	Carl B Fenton	Dallas	0	16	47	1	64	131	48.85
OR-0021	Mc Minnville	Mc Minnville	9	46	166	5	226	449	50.33
OR-0033	Independence	Independence	0	5	18	0	23	40	57.50
OR-0046	Woodburn	Woodburn	0	10	18	1	29	53	54.72
OR-0057	Lester C Rees	Newberg	8	8	37	1	54	75	72.00
OR-0058	Stayton	Stayton	2	24	79	0	105	173	60.69
OR-0075	Sheridan	Sheridan	8	8	18	1	35	58	60.34
OR-0089	M T Angel	M T Angel	0	2	28	0	30	58	51.72
OR-0110	Aurora Inc	Aurora	0	3	2	0	5	15	33.33
OR-0122	Canby	Canby	6	49	110	2	167	300	55.67
OR-0136	Salem	Salem	0	33	8	0	41	130	31.54
OR-0149	Pioneer Inc	Salem	0	11	5	0	16	40	40.00
OR-0159	Mill City-Gates	Mill City	0	2	0	0	2	22	9.09
OR-0173	Carlton Memorial	Carlton	2	12	51	1	66	105	62.86
SUM:			35	280	675	15	1,005	1,900	52.89

OR Dist 0003 LGN

Post	Name	Location	New	PUFL	Renewal	HQ Tran	Totals	Goal	% of Goal
OR-0003	Eugene Inc	Eugene	0	17	29	0	46	65	70.77
OR-0010	Albany Inc	Albany	18	83	213	1	315	527	59.77
OR-0011	Corvallis	Corvallis	0	19	28	0	47	94	50.00
OR-0032	Calvin Funk	Cottage Grove	4	11	32	0	47	62	75.81
OR-0040	Springfield	Springfield	0	25	31	1	57	106	53.77
OR-0051	Santiam Inc	Lebanon	6	53	268	1	328	636	51.57
OR-0059	Francis M Yost	Florence	1	12	26	0	39	105	37.14
OR-0061	Tri-Counties	Junction City	0	16	27	1	44	75	58.67
OR-0064	Cascade	Oakridge	0	6	6	0	12	27	44.44
OR-0083	North Eugene-Santa Cla	Eugene	1	31	65	0	97	273	35.53
OR-0097	Lincoln City	Lincoln City	0	10	15	0	25	29	86.21
OR-0100	Mary's River	Philomath	0	1	3	0	4	15	26.67
OR-0116	Newport	Newport	12	29	119	1	161	299	53.85
OR-0133	Timber City	Sweet Home	0	8	10	0	18	29	62.07
OR-0184	Travis Moothart	Brownsville	2	13	29	0	44	58	75.86
SUM:			44	334	901	5	1,284	2,400	53.5



DAN BURKS
MEMBERSHIP CHAIR

Legionnaires, our membership needs your help. We are currently very uncomfortable in 50th place nationally. The 55% target date is October 14th and we are at 50.37% needing 655 members to hit our target. We have had a slow start to the year but we can turn this around. Our membership team is everywhere and ready to help at your will. The 1st Vice and myself already travel so we are the "Traveling Team." Renee Ohler and Dirk Levy oversee the 114 lists and are more than happy to assist you. Steve Shollenburg and Damien Cox head up Buddy checks. The most important part about membership are our members, make sure we reach out and check on our members. Remember this years goal isn't just looking at the number of members on paper, but 100% of our membership being contacted to check on their welfare. We also have Adam Gettmann and Ward Allen on the front line with renewals. You'll notice there isn't a "Recruiting Team." Recruiting is always important, finding new blood and new energy is es-

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OR Dist 0004 LGN

Post	Name	Location	New	PUFL	Renewal	HQ Tran	Totals	Goal	% of Goal
OR-0008	Klamath	Klamath Falls	6	34	99	0	139	281	49.47
OR-0014	Guy T Applewhite	Ashland	0	4	1	0	5	24	20.83
OR-0015	Medford	Medford	0	38	74	3	115	232	49.57
OR-0028	Grants Pass	Grants Pass	2	30	112	0	144	288	50.00
OR-0050	Williams Valley	Williams	2	6	37	0	45	43	104.65
OR-0069	Rogue River	Rogue River	0	2	2	0	4	15	26.67
OR-0070	Glenn Morrison	Cave Junction	0	4	9	0	13	38	34.21
OR-0084	Malin Inc	Malin	0	10	26	0	36	63	57.14
OR-0129	Myers-Holland Inc	Central Point	0	4	113	0	117	132	88.64
OR-0192	White City	White City	0	8	35	0	43	84	51.19
SUM:			10	140	508	3	661	1,200	55.08

OR Dist 0005 LGN

Post	Name	Location	New	PUFL	Renewal	HQ Tran	Totals	Goal	% of Goal
OR-0004	Stevens-Chute	Bend	0	24	22	0	46	145	31.72
OR-0019	The Dalles Inc	The Dalles	1	13	21	0	35	84	41.67
OR-0022	Hood River	Hood River	0	10	28	0	38	73	52.05
OR-0025	Frank Burns	Condon	1	4	16	0	21	32	65.63
OR-0029	Crook County	Prineville	5	21	109	2	137	236	58.05
OR-0044	Ray Johnson	Redmond	0	41	93	4	138	266	51.88
OR-0045	La Pine	La Pine	14	80	117	1	212	416	50.96
OR-0048	Eugene Cougar Greene,	Warm Springs	0	2	0	0	2	15	13.33
OR-0049	Sherman County	Moro	0	9	12	0	21	44	47.73
OR-0055	Mosier Inc	Mosier	0	2	1	0	3	24	12.50
OR-0073	Maupin	Maupin	0	0	0	0	0	15	0.00
OR-0086	Sisters	Sisters	0	11	48	0	59	141	41.84
OR-0125	Jefferson County Vetera	Madras	0	6	15	0	21	48	43.75
OR-0131	Deer Ridge	Madras	0	1	0	0	1	31	3.23
OR-0135	Wamic	Wamic	0	1	1	0	2	15	13.33
OR-0164	Don L Medlock	Spray	0	3	0	0	3	15	20.00
SUM:			21	228	483	7	739	1,600	46.19

OR Dist 0006 LGN

Post	Name	Location	New	PUFL	Renewal	HQ Tran	Totals	Goal	% of Goal
OR-0023	Pendleton	Pendleton	0	9	3	1	13	37	35.14
OR-0024	Milton-Freewater	Milton Freewater	0	14	29	1	44	87	50.57
OR-0037	Hermiston	Hermiston	4	13	33	0	50	110	45.45
OR-0041	John Noble Holcomb	Baker City	0	10	25	1	36	65	55.38
OR-0043	La Grande	La Grande	1	35	90	0	126	233	54.08
OR-0072	Kruse	Wallowa	0	2	8	0	10	30	33.33
OR-0087	Heppner	Heppner	0	0	0	0	0	39	0.00
OR-0095	Ione	Ione	1	16	17	0	34	41	82.93
OR-0130	Athena	Athena	0	2	3	0	5	18	27.78
OR-0140	George St Dennis	Mission	0	4	2	0	6	27	22.22
OR-0157	Wallowa Lake	Joseph	0	7	26	0	33	63	52.38
		SUM:	6	112	236	3	357	750	47.6

OR Dist 0007 LGN

Post	Name	Location	New	PUFL	Renewal	HQ Tran	Totals	Goal	% of Goal
OR-0030	Gresham	Gresham	0	15	30	2	47	130	36.15
OR-0074	Carl Douglas	Estacada	8	36	48	0	92	180	51.11
OR-0098	St Johns Inc	Portland	2	13	21	0	36	55	65.45
OR-0108	Corbett	Corbett	0	7	6	0	13	20	65.00
OR-0134	Frederick And John Ravi	Portland	4	22	40	0	66	180	36.67
OR-0137	Dana King	Portland	0	4	19	0	23	36	63.89
OR-0185	City Of Roses Musicians	Portland	0	3	2	0	5	24	20.83
		SUM:	14	100	166	2	282	625	45.12

OR Dist 0008 LGN

Post	Name	Location	New	PUFL	Renewal	HQ Tran	Totals	Goal	% of Goal
OR-0001	Portland	Portland	0	59	23	1	83	425	19.53
OR-0005	Willamette Falls Inc	Oregon City	4	7	7	1	19	75	25.33
OR-0065	Wilsonville	Wilsonville	0	5	5	0	10	65	15.38
OR-0127	Sandy	Sandy	0	2	8	1	11	20	55.00
OR-0150	Oregon Trail	Portland	1	21	44	2	68	110	61.82
OR-0180	Milwaukie	Milwaukie	0	38	66	1	105	605	17.36
		SUM:	5	132	153	6	296	1,300	22.77

OR Dist 0009 LGN

Post	Name	Location	New	PUFL	Renewal	HQ Tran	Totals	Goal	% of Goal
OR-0016	Earle B Stewart	Roseburg	1	48	79	1	129	256	50.39
OR-0026	Bandon	Bandon	1	5	31	0	37	60	61.67
OR-0034	Bay Area	North Bend	0	25	68	7	100	160	62.50
OR-0036	Coquille-Myrtle Point	Coquille	0	6	25	0	31	52	59.62
OR-0062	Reedsport	Reedsport	0	14	8	1	23	45	51.11
OR-0076	Port Orford	Port Orford	0	9	6	0	15	47	31.91
OR-0121	Sutherlin	Sutherlin	0	2	48	0	50	56	89.29
OR-0123	Fallin	Canyonville	4	6	29	0	39	81	48.15
OR-0152	Baird-Heaton	Oakland	0	5	12	0	17	44	38.64
		SUM:	6	120	306	9	441	801	55.06

OR Dist 0010 LGN

Post	Name	Location	New	PUFL	Renewal	HQ Tran	Totals	Goal	% of Goal
OR-0063	Harney County	Burns	1	12	58	0	71	113	62.83
OR-0067	Ontario	Ontario	4	10	62	0	76	131	58.02
OR-0077	Ellis Tracy	John Day	2	5	21	0	28	53	52.83
OR-0079	Nyssa	Nyssa	0	3	9	0	12	29	41.38
OR-0096	Vale	Vale	8	4	23	0	35	59	59.32
OR-0106	Prairie	Prairie City	2	4	31	0	37	63	58.73
		SUM:	17	38	204	0	259	448	57.81

Post	Name	Location	New	PUFL	Renewal	HQ Tran	Totals	Goal	% of Goal
OR-0114	Headquarters	Portland	0	75	264	0	339		
		SUM:	0	75	264	0	339		

	New	PUFL	Renewal	HQ Transfers	Totals	Goal	% of Goal
Sum:	208	1,996	4,833	59	7,096	14,174	50.06

	District	New	PUFL	Renewal	HQ Tran	Totals	Goal	% of Goal
1	OR Dist 0001 LGN	50	437	937	9	1,433	3,150	45.49
2	OR Dist 0002 LGN	35	280	675	15	1,005	1,900	52.89
3	OR Dist 0003 LGN	44	334	901	5	1,284	2,400	53.50
4	OR Dist 0004 LGN	10	140	508	3	661	1,200	55.08
5	OR Dist 0005 LGN	21	228	483	7	739	1,600	46.19
6	OR Dist 0006 LGN	6	112	236	3	357	750	47.60
7	OR Dist 0007 LGN	14	100	166	2	282	625	45.12
8	OR Dist 0008 LGN	5	132	153	6	296	1,300	22.77
9	OR Dist 0009 LGN	6	120	306	9	441	801	55.06
10	OR Dist 0010 LGN	17	38	204	0	259	448	57.81
11	OR Dist 0099 LGN	0	75	264	0	339		
	SUM:	208	1,996	4,833	59	7,096	14,174	50.06

	District	New	PUFL	Renewal	HQ Tran	Totals	Goal	% of Goal
1		208	1,996	4,833	59	7,096	14,174	50.06
	SUM:	208	1,996	4,833	59	7,096	14,174	50.06

**YOUR
MEMBERSHIP
MATTERS**



Detachment Of Oregon 2023 Membership
as of 9/30/22

Squadron	Name	Location	New	PUFL	Renewal	HQ Tran	Totals	Goal	% of Goal
OR-0001	Portland	Portland	0	0	3	0	3	44	6.82
OR-0006	Hillsboro	Hillsboro	1	0	15	0	16	22	72.73
OR-0008	Klamath	Klamath Falls	0	0	0	0	0	16	0.00
OR-0009	Capital	Salem	0	0	0	0	0		
OR-0010	Albany	Albany	0	0	2	0	2	20	10.00
OR-0012	Clatsop	Astoria	9	0	12	0	21	75	28.00
OR-0015	Medford	Medford	0	0	0	0	0		
OR-0019	The Dalles	The Dalles	0	0	0	0	0	10	0.00
OR-0021	Mc Minnville	Mc Minnville	0	0	0	0	0	54	0.00
OR-0022	Hood River	Hood River	0	0	0	0	0	10	0.00
OR-0024	Milton-Freewater	Milton-Freewater	0	0	0	0	0	14	0.00
OR-0028	Grants Pass	Grants Pass	0	0	0	0	0	23	0.00
OR-0029	Crook County	Prineville	0	0	15	0	15	79	18.99
OR-0032	Calvin Funk	Cottage Grove	0	0	0	0	0		
OR-0034	Bay Area	North Bend	0	0	22	0	22	21	104.76
OR-0041	John Noble Holcomb	Baker City	0	0	0	0	0		
OR-0043	La Grande	La Grande	0	0	0	0	0	32	0.00
OR-0044	Ray Johnson	Redmond	0	0	4	0	4	23	17.39
OR-0045	La Pine	La Pine	0	0	0	0	0	61	0.00
OR-0048	Eugene Cougar Greene,	Warm Springs	0	0	0	0	0		
OR-0051	Santiam	Lebanon	2	0	10	0	12	94	12.77
OR-0056	Argonne	Shenwood	3	0	3	0	6	59	10.17
OR-0058	Stayton	Stayton	5	0	9	0	14	23	60.87
OR-0061	Tri-Counties	Junction City	1	0	7	0	8	10	80.00
OR-0067	Ontario	Ontario	0	0	13	0	13	14	92.86
OR-0075	Sheridan	Sheridan	0	0	0	0	0		
OR-0083	North Eugene-Santa Cla	Eugene	0	0	0	0	0	44	0.00
OR-0095	Ione	Ione	0	0	3	0	3	21	14.29
OR-0099	Seaside	Seaside	18	0	20	0	38	115	33.04
OR-0104	Aloha	Aloha	12	0	10	0	22	120	18.33
OR-0110	Aurora	Aurora	0	0	0	0	0		
OR-0116	Newport	Newport	0	0	0	0	0	67	0.00
OR-0173	Carlton Memorial	Carlton	1	0	8	0	9	24	37.50
OR-0180	Milwaukie	Milwaukie	14	0	41	0	55	87	63.22
OR-0184	Travis Moothart	Brownsville	0	0	0	0	0		
OR-9999	Sal Holding Sqdn	Tigard	0	0	0	0	0		
		SUM:	73	0	214	0	287	1,416	20.27

Continued from page 9

DAN BURKS
MEMBERSHIP CHAIR

essential to sustaining and building our Department, however taking care of our current members, keeping our current members is our foundation for building. These are men and women who dedicated some part of their lives, time, manpower, ideas and in some cases just dues, but they dedicated some part of their life to you, the least we can do is reach out. We still have some time, and I have no doubt that team Oregon will rise through the ranks again because there is no quit in you, there is no quit

in your District, and there is no quit in your Post. If there was, it would be highly unlikely you would be reading these words now. While we have time to move up the National ranks again, we have no time left to get going. The time is now to dig down, and find the motivation to get out there and help Oregon build. The person to do it is you. No better person for the job than every member, because our organization, our membership is everyone's responsibility. Lets build our membership today, for our future. As our very own PDC would say, Carry the Legacy Forward!

VA & R



PDC, BOB HUFF
VA&R CHAIRPERSON

Our Veterans Affairs and Rehabilitation (VA&R) Commission members for the 2022-2023 membership year are IPDC Don Weber, Department

2nd Vice Commander Dan Burks, Ann Everetts, and PDC Bob Huff, Chair. The focus of the Commission is oversight over VA&R activities for our Department. We still have an opportunity for another Legionnaire in good standing an opportunity, if interested in joining or participating with this elite team and being part of our future supporting Veterans and family in our Department. The Commission has oversight of our Department Service Office and activities of the Veterans Benefits Administration (VBA) and also oversight of our Department VAVS Program, which has representatives at our VA Facilities in Oregon, which all need more volunteers desperately. Our VAVS community at Portland VA and Roseburg VA has been significantly impacted by volunteer positions with COVID protocols. VA SORCC in White City has an American Legion presence which has increased with COVID to support this facility. With the closing of Compensation and Pension activities in Roseburg and White City with staffing issues, reassigning clinical staff to higher priority assignments, and moving patient needs to community care. Both Roseburg and White City are also currently changing over to CERNER, the new computer program

Continued on page 11



Detachment Of Oregon 2023 Membership as of 9/30/22

Detachment of Oregon Totals

	New	PUFL	Renewal	HQ Transfers	Totals	Goal	% of Goal
Sum:	73	0	214	0	287	1,414	20.3

District Summary Including Encumbered HQ Transfers

District	New	PUFL	Renewal	HQ Tran	Totals	Goal	% of Goal
0	73	0	214	0	287	1,416	20.27
SUM:	73	0	214	0	287	1,414	20.3

County Summary Including Encumbered HQ Transfers

District	New	PUFL	Renewal	HQ Tran	Totals	Goal	% of Goal
0	73	0	214	0	287	1,416	20.27
SUM:	73	0	214	0	287	1,414	20.3



Continued from page 10

PDC, BOB HUFF supporting the
VA&R CHAIRPERSON VA System.
The VHA is working very hard to support Veteran's needs with changes and challenges facing them in this transition of Computer Systems. Volunteer Drivers are desperately needed and in critical need, with some services moving to Portland and veterans in need of transportation from rural and other areas of our Department. If interested, if you have some extra time and want to help and support Veteran's needs, please contact your local VA or CBOC as there are lots of vacancies. You will meet new people, help veterans and their families, our first pillar, and make a difference. Department of Oregon accepted the National Linker Award for our Legionnaires' volunteer service in our Department for this past year at our National Conven-

VA & R

tion, which will be displayed at our Department Headquarters in Wilsonville. Thank you to all of you that continue to support our Veterans community; keep up the good work. Issues currently discussed and worked on are transportation, rural area support, and an aging Veteran population. The VA will not allow anyone to fill volunteer positions without being up to date on their COVID shots by Federal direction. Face mask requirements continue at all Federal and Medical facilities which are in red. If going to a VA or Federal Building, you are required to wear a face mask. The VAVS arm also supports the National Cemetery Administration (NCS) with activity at our National Cemeteries. We

have additional responsibility at the VA SORCC and Eagle Point National Cemetery as we have more face-to-face contact. The Commission also supports the System Worth Saving Program and has supported four events in the past at our Roseburg and White City VAs with our National Organization. The Commission also represents our Department along with the Veterans Employment, Education and Homelessness (VE&E) Commission at Veterans Stand-Downs, Benefit and Employment and Education Events, Woman Veterans Events, Mobilization, and Yellow Ribbon Events in The Department of Oregon. If your District is holding its meeting and would like more information or support with our Pillar I Veterans activities, please contact me, and we will be happy to support you.

Thank you

VETERANS EMPLOYMENT, EDUCATION and HOMELESSNESS



PDC, BOB HUFF
VEE & H CHAIRPERSON

Bob Huff (Chair). We are still seeking more Commission and Committee members to provide coverage for the whole Department. If interested, please provide your contact information, as this is a needed service for our veterans and their families. The Commission and Committees support Veterans Employment, Education, Homelessness, Service Connected,

The Veterans Employment, Education and Homelessness Commission and Committee members are District 9 Commander Larry Hill,

Tom Fitzgerald, and PDC

and Veterans Small Business opportunities. With the pandemic still active, I have experienced 1st hand. I returned from National Convention with COVID. We still have restrictions on our ability to hold large events, which we desperately need. Each event we hold will still require complying with the rules for the area we are holding them in and the number of participants allowed. All rules are followed for everyone's safety. We are scheduled and are meeting to hold a VA Employment Event on Saturday, October 22, at the VA SORCC for 245 jobs at the VA in Clinical and Administrative and Support positions. All our partners are participating. We continue to gather equipment and clothing and have met with the VA Directors for a venue. We are getting closer with more in-person events starting. We have had follow-up meetings in Klamath County for

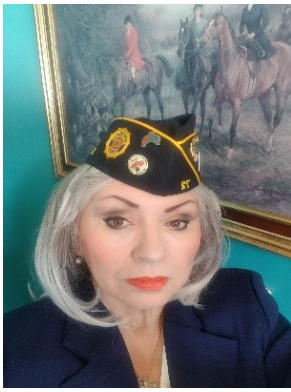
an immediate needs requirement which we are also working with them on.

WORDS OF WISDOM

"No person was ever honored for what he received. Honor has been the reward for what he gave."

CALVIN COOLIDGE

 **AMERICAN
LEGION**



MARIA TYE
ORATORICAL CHAIR

in Milwaukee, Wisconsin, I did seek our other Oratorical comrades. They shared my enthusiasm. We, in the Department of Oregon, have a great Team. The Oratorical High School Scholarship Program Committee Members are available to ensure that you'll don't feel overwhelmed with this program.

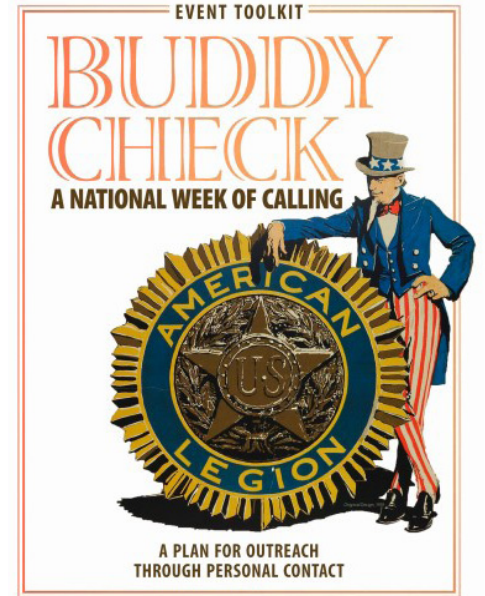
The Oratorical website for the Department of Oregon has been updated. Please call upon your designated Committee Member for assistance. The Oratorical Program has an excellent **TEAM**. I prefer to call them a **TEAM**, and you all are part of that **TEAM**. The Chairman's Guide has been updated. The **MEDIA LIST** for

We, the Committee Members, are very excited and encourage you all to GO FOR IT! When I attended the National Convention

the state has been sent to all District Commanders. They will forward any information to make your posts and districts a cooperative endeavor.

The Posts contest will be held in December, the Districts in January, and the Department contest will be held in February. We are looking for a venue. Go to your local schools, home school groups, Toastmasters, local FHA, and groups that have youth in the 9th to 12th grades. At this time, we are looking for a venue that can hold it during the 2nd or 3rd weekend of February. The Department must turn in the results before March 15, 2023.

The National Oratorical High School Scholarship Program Contest will be held on April 21-23 at the Wyndham Indianapolis West Hotel, 2544 Executive Drive, Indianapolis, Indiana. Let's make this the best Oratorical High School Scholarship Program year in Oregon! If you have further questions, your Committee Members will assist you happily. My phone number is 281-786-5402, and my email is corey0071@gmail.com.



Military help line
for Legionnaires
<http://militaryhelpline.org/about-us/>

Let's change the narrative. Instead of talking about the staggering number of daily suicides, BE THE ONE to save ONE veteran. We can end the stigma surrounding mental health with your help!



BE THE ONE

TO **ASK** VETERANS IN YOUR LIFE HOW THEY ARE DOING.

TO **LISTEN** WHEN A VETERAN NEEDS TO TALK.

TO **REACH** OUT WHEN A VETERAN IS STRUGGLING.

Legionnaire HospitalHELP Insurance Plan

Money to help pay YOUR portion of hospital bills or you can use your cash benefits however you see fit!



Endorsed By
Your American Legion
Department

LEARN
MORE



PDC, Don Weber
Public Relations

Johnson and Tony Kanaan. On Sep 2, 3, and 4th, the Portland International Raceway (PIR) hosted an Indy car race in Portland. The Department of Oregon worked with national to provide information and resources for Veterans at this event.



The American Legion Booth, Plinko board game to attract personnel



The National Organization of The American Legion (TAL) sponsors the No. 48 Chip Ganassi Racing Honda car driven by Jimmie

Johnson and Tony Kanaan. On Sep 2,

PIR Cover Story

National created a mobile event display and brought it to Portland. Members from the Department of Oregon worked at the event to provide information to Veterans. The mobile display has TAL marketing information and displays and includes a Plinko game complete with prizes to attract personnel. We also set up our Oregon Cornhole Boards. It was amazing to see how many people stopped by to throw a bean bag.

On Friday evening Milwaukie Post 180 hosted a race team meet and greet dinners. Earl Barban, spotter for Car 48, and Justin Baldwin, Business Partner, attended the event. Earl spent time talking with Legion members and then shared personal information about his path to the spotter position. The spotter and one person from the pit crew have direct radio communication with the driver during the race.



The Race is On!!
Jimmie Johnson Car 48 at 200 mph



Crew pushing car out of Pit to line up for the race

Handouts include miniature copies of Car 48 and temporary tattoos with the Legion marketing logo and "Be the One" slogans. With the marketing information, we were able to share The America Legion's goal to reduce Veteran Suicide through the "Be the One" campaign. At a fireside chat at the national convention prior to the race, Jimmie Johnson pledged \$1.5 M to Legion programs in addition to signing up as a SAL member.

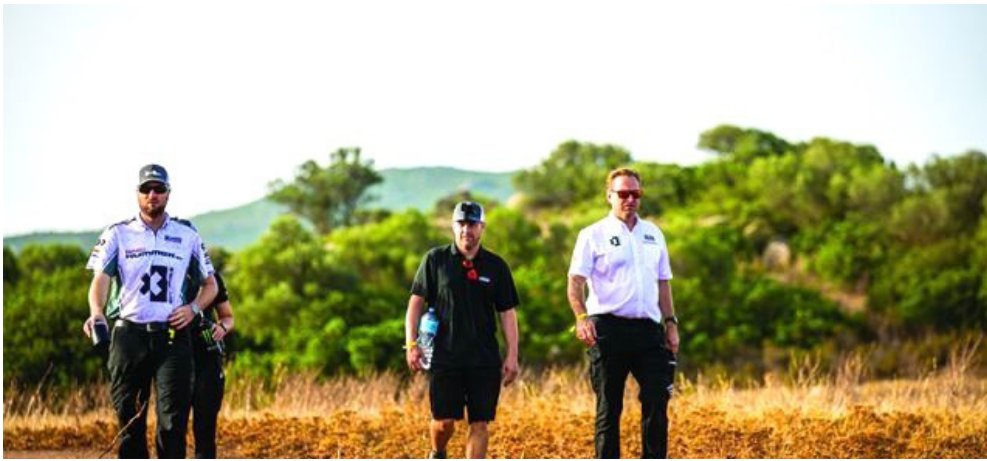
Jimmie experienced an accident during the race but did go on to the finish. Scott Dixon, a fellow Ganassi team driver, finished in third place at the Portland race.



Earl Barban, Team Spotter, talking with Legion Members



Crew Sporting the NEW Legion emblem



By HENRY HOWARD
SEP 27, 2022

Dave Berkenfield had heard enough. He closed the binder full of PowerPoint slides, marketing slogans and colorful graphics.

“All you need to do is save one life, and that’s it,” the retired Navy SEAL said, zeroing in on a single word to brand and describe The American Legion’s campaign to reduce the veteran suicide rate.

One.

Berkenfield understands why Be the One is important. He’s lost a brother and fellow SEAL to suicide. Anyone can “Be the One,” he says. Veterans, spouses, friends, civilians and caregivers all have the opportunity to save the life of one veteran.

“Be the one person to recognize that maybe you need some help or be the one person to recognize that a family member needs some help, or be the one friend who actually makes a phone call and asks someone how they’re doing,” says Berkenfield, an American Legion member and adviser on a “Be the One” panel. “You just have to be a true connection with someone who needs it. That’s what Be the One is about.”

At its core, the campaign aims to increase awareness of the veteran suicide epidemic, destigmatize mental

health counseling and develop solutions.

Be the One also encourages veterans to ask for help when they need it.

Berkenfield’s advice to family members, caregivers and friends is to not wait until the veteran says things like, “I’m selling everything in my house,” “I’m drinking myself under the table” or “All my relationships are failing.” Instead, pursue a connection early on to build trust. “Once you start getting in front of that, veterans know they have a support system.”

There’s no one-size-fits-all guideline for creating one’s own support system, though. Berkenfield found his working for Chip Ganassi Racing (CGR), running its Extreme E program. He travels worldwide with the all-electric, off-road program, which promotes awareness of electrification as well as women in motorsports. While he’s still part of a team, he says the stakes were higher when he was serving in uniform.

“There are levels of accountability in the special operations community and in the whole military that are higher than most other organizations,” he says. “Life-or-death moments are there. If I’m a parachute rigger in charge of packing my team’s parachutes, their lives are in my hands. There’s a million versions of

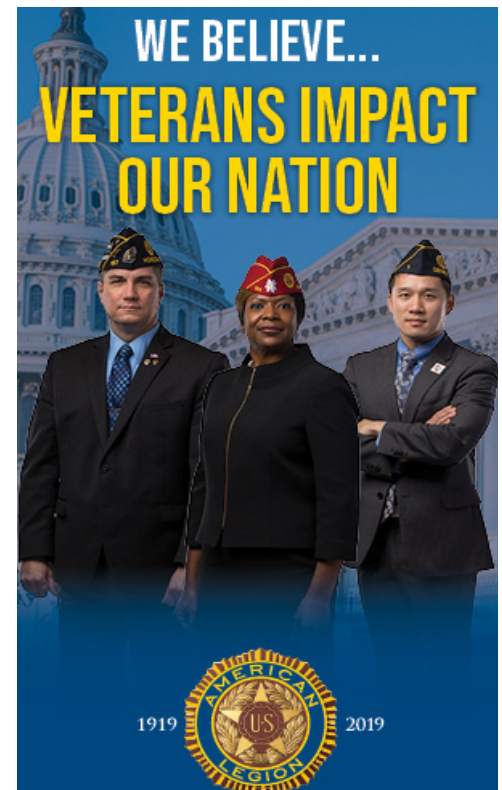
Origin of ‘Be the One’

that throughout the military. But for someone, say a hedge fund manager, It’s not life or death.”

Both the racing team and SEALs, though, require every member to prioritize the group over the individual. Berkenfield is on a mission to further solidify that teamwork at CGR. He’s developing a wellness program to help forge bonds among teammates while easing their stress and improving their performance.

The American Legion is also a way for veterans to find the camaraderie they often miss after separating from the service.

“Being part of The American Legion is an instantaneous fix,” he says. “An important part of the Be the One conversation is having an organization you have a natural fit with. The younger generation of veterans understands that and relishes it.”





THE AMERICAN LEGION *Veterans Strengthening America*

NATIONAL HEADQUARTERS

PO BOX 1055, INDIANAPOLIS, IN, 46206-1055 • WWW.LEGION.ORG • P: (317) 630-1350 • F: (317) 630-1223

American Legion National Commander Expresses Condolences to United Kingdom for Loss of ‘Legendary Queen’

(INDIANAPOLIS—September 8, 2022) — American Legion National Commander Vincent J. “Jim” Troiola issued the following statement regarding the passing of Queen Elizabeth II.

“The relationship between the United States and the United Kingdom has often been characterized as ‘special.’ The strength, grace and class that Elizabeth II exhibited as a princess during World War II and later as queen, has only deepened the affection that our veterans have for our allies in the United Kingdom. The passing of this legendary queen saddens The American Legion but we will always be inspired by her many decades of service to humanity and her commitment to freedom for all. We extend our heartfelt condolences to the Royal Family and the people of Great Britain.”

About The American Legion

[The American Legion](https://www.legion.org), the nation’s largest veterans organization, is dedicated to the motto of “Veterans Strengthening America.” Chartered by Congress in 1919, The American Legion is committed to mentoring youth and sponsoring wholesome community programs, advocating patriotism and honor, promoting a strong national security and continued devotion to servicemembers and veterans. Nearly 1.8 million members in more than 12,500 posts across the nation and regions overseas serve their communities with a devotion to mutual helpfulness.



Welcome to the NATIONAL ALLIANCE TO END VETERAN SUICIDE®

<https://www.na2evs.org/>

<https://www.na2evs.org/OVF>

Workshop: Operation Veteran Freedom

A 4 session online workshop (or full day in person) specially designed for Military/Veteran families by a Vietnam era Combat Veteran (Jan McHenry). It uses some of the technology of brain science and some of the technology of a very powerful and highly regarded educational corporation. This is not a suicide prevention workshop, instead it is more like an **Operator's Guide to Your Brain**.

You do *NOT* need to relive your trauma to be free!

Commitment: Is for you to discover new ways to look at yourself, the world including your past and present circumstances. By seeing these things in a new light your past will no longer dictate to you how you feel and limit what actions you can take.

Outcomes: Upon completion You will experience more Power, Freedom, Full Self-expression, and Peace Of Mind.

Costs: Sponsors cover expenses so that it is **FREE** for our Service Members, Veterans and their adult family members or caregivers.

Online via Zoom and locations in WA & OR & CA are regularly scheduled, consider attending online or in person. With additional sponsorship we can bring this workshop to communities across the nation. To start the conversation for your community, send an email to Rod.Wittmier@na2evs.org for more information: Contact the website or,

Mark Ayers 541-816-2665

Legionnaire HospitalHELP Insurance Plan



Endorsed By
Your American Legion
Department

LEARN MORE

Money to help pay YOUR
portion of hospital bills or
you can use your cash
benefits however you see fit!



American Legion News Clips

Good morning, Legionnaires and veterans' advocates, it's Thursday, September 29, 2022.

Today in American Legion history:

Sept. 29, 1920: The American Legion Committee on Americanism becomes a national commission.

Sept. 29, 1926: Billed as the world's largest and fastest ferry boat, *The American Legion* is launched from the yards of the Staten Island Shipbuilding Co. *The American Legion* can cross from Staten Island to Manhattan in an unprecedented 15 minutes.



Legionnaire Insurance Trust

Post #63



PNC, CHARLES SCHMIDT
POST 63 ADJUTANT

Fellow
Legionnaires,

Harney
County Post
#63 will hold
its monthly
meeting at
7:00pm on
Tuesday, Sep-
tember 20th
at the Post
located at 63

West "C" Street in Burns. The Post meets the 3rd Tuesday at 7:00pm. Post meetings are announced in the Burns Times-Herald each month.

Sept. 29, 1946: A.R. McAlester Memorial Band of Harrowed Post 5 in Joliet, Ill., claims its first Lemuel Bolles Trophy, awarded annually to the first-place band in The American Legion National Convention contest. Post 5 would go on to win the trophy 22 of the next 24 years; Joliet Post 1284 would claim first place at the convention 11 times between 1971 and 1997; and Joliet Post 1080 would win it in 2003, 2006 and 2007, making Joliet the perennial home of American Legion band championships.

Sept. 29 – Oct. 2, 2014: After 11 successful Veterans Crisis Command Centers throughout the country – from Charlotte, N.C., to Honolulu – The American Legion shifts the message of its outreach program to better reflect efforts by local VA staff to assist frustrated veterans. Renamed "Veterans Benefits Centers," the events continue through much of 2015. Hundreds of veterans and their families receive firsthand assistance and more than \$1 million in overdue retroactive disability benefits are paid to veterans whose cases were bogged down in the system.

TRUE COMPASS DESIGNS



True Compass Designs is a digital development company that has been in business for more than 17 years. Certified in 11 different Adobe programs, Mick Bird of Camas, Wash., builds websites for clients while working from the comfort of his home. Mick is The American Legion Department's Web Designer.

TRUE COMPASS DESIGNS

360.210.4157
19215 SE 34th St. #106
PMB 142
Camas, WA 98607

<https://www.godaddy.com/garage/true-compass-designs-navigating-web-design-by-honoring-his-true-north/>

Are you moving?

CHANGE OF ADDRESS FORM

Please Update My Address in mylegion.org

Name: _____
New Address: _____
City/State/Zip: _____
Effective Date: _____
PhoneNumber: _____
Email Address: _____

Please Email to: Office@orlegion.org

Or Mail to: The Department of Oregon

Attn: Adjutant

P.O. Box 1730

Wilsonville, OR 97070-1730

HOW DID IT DO?



We are excited to report that the Emergency Assistance Plus campaign we mailed in February brought in over 1,900 new members!



Here's what it will look like to most people who receive it.

AND AS ALWAYS, DON'T FORGET:



Questions? Contact Howard Bender
800-445-3269
hbender@agia.com

The next mailing is Hospital Help on July 6th.

WHAT'S MAILING THIS MONTH?



We are mailing Travel Accident on June 22nd.

Quick reminder about Travel Accident:

Pays if you were to die as the result of a covered Travel Accident in a private vehicle or common carrier. Also pays a daily benefit if you were to be treated as an inpatient in a hospital because of a covered travel accident. Product may not be available in all states and may not mail all your members.

If you want a more detailed description of this product, visit www.TheLIT.com/Travel-Accident.



UPCOMING EVENTS



NOW
AVAILABLE
IN YOUR
STATE



Endorsed by Your American
Legion Department

LEGION FAMILY:
IMPORTANT NOTIFICATION FOR LEGIONCARE

UP TO \$5,000.00
NO-COST-TO-YOU ACCIDENT INSURANCE PROTECTION

For Online Activation Visit: TheLIT.com/LegionCare2



Interesting things to make

*you say
Hmmm.....*



In 1922 the Movies to Watch included: *Nosferatu*, *Dr. Mabuse: The Gambler*, *Foolish Wives* and *Nanook of the North*



We support our Youth!
Earn Scholarships

Oregon American Legion Foundation

Baseball
Boys State
Girls State
Oratorical
Scouting
Shooting Sports

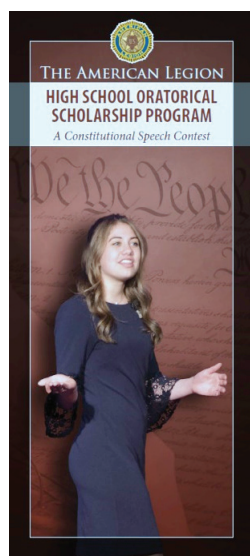


Would you like to be part of this
please call The American Legion De-
partment of Oregon at 503-685-5006.

They are there to help you get your
children involved

**AMERICAN
LEGION**

Donate today to The Oregon
American Legion Foundation
so our children can
experience this tomorrow!





DAN BURKS
DEPT 2ND VICE COMMANDER

ing and their efforts are shaping up to have spectacular results in our programs this year. With leadership from Lou Neubecker as Americanism Chair, the only thing we need this year is you! With all the efforts being invested in programs such as Oratorical, Boys State, Jim Willis Law Enforcement Career Camp, Junior Shooting Sports, Scouting and Baseball, warrants as much participation as we can muster. So don't forget to get into those schools and school boards,

The months are ramping up, with several programs in full swing, are you out there working them? Our Americanism Committee chairs are hard charging

and their efforts are shaping up to have spectacular results in our programs this year.

talk to parents, put something out in your local newspaper or any other methods you can. Lets make sure we reach out to our children and youth with as long of a reach as we can.

I would personally like to extend my gratitude to those Districts, Posts and members who dug into their own piggy banks to help out with our financial difficulties. It is no secret that the events in the last couple of years have hurt not only us but just about everyone in some way or another. These contributions are a great reminder to all of us that no matter what the struggle, we stand together. We have some difficult years ahead of us, building back our programs, building back our membership and overall building up our Department. I have great faith that the men and women of the American Legion Department of Oregon can step up and make that happen and it all starts with you! I ask if you haven't yet brought up these contributions in your District or Post that you do so, we still need your help, so lets stand together and get through this while we, as a family and as Team Oregon, build up our Department so that the men and women who served, are serving or will serve have a team behind them when they get home for years to come.



Answer: B. Dracula

The German film "Nosferatu," an unauthorized re-telling of Bram Stoker's original tale of the vampire "Dracula," premiered in Berlin during March. The classic silent horror film memorably starred Max Schreck as the titular ghoul and it was directed by F.W. Murnau. Controversy surrounding the film centered on plagiarism claims made by Stoker's widow who sued the film's producers. Stoker's widow won her claims and wanted all copies of the film destroyed. Some versions of the film survived and it was released in the United States in 1929.

988 Suicide & Crisis Lifeline

We can all help prevent suicide. The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.



Suicide Prevention is Not a Spectator Sport

Get Informed! Get Involved! **RACE** to Save a Life!



About R.A.C.E. Suicide Prevention Training

The complete **R.A.C.E.** Suicide Prevention training is three 1-hour sessions delivered over three consecutive weeks. Each session is a prerequisite for attendance at subsequent sessions. Active participation is encouraged and assigned "homework" encourages practice of skills learned during the training.

The acronym **R.A.C.E.** stands for:

- Recognize signs of distress
- Ask the person about what they are thinking and feeling
- Care for the person and actively listen to them
- Escort the person based on their needs

The **R.A.C.E.** model for suicide prevention has been used throughout the United States Marine Corps for many years. The model stands out among others because it includes an important aspect of suicide prevention that other models do not; that is Recognize signs of

<https://www.nami.org/Support-Education/Publications-Reports/Guides/Navigating-a-Mental-Health-Crisis/>

<https://racesuicideprevention.us/>

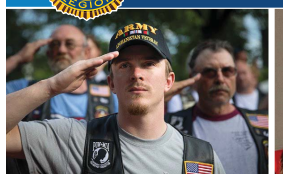




THIS IS



THE AMERICAN LEGION



Veterans strengthening American communities worldwide.

The American Legion is the largest veterans service organization

Working and volunteering in communities, states and around the world. The American Legion has been dedicated to veterans, troops, national security, youth and patriotism since its founding over a century ago.

Nearly 2 million wartime veterans of the U.S. Armed Forces are members of The American Legion. Joining them are nearly 1 million members of the American Legion Auxiliary, the nation's largest patriotic women's association, and more than 375,000 Sons of The American Legion, male descendants of U.S. wartime veterans. They work as one great American Legion Family of shared values. At more than 12,000 local posts worldwide, in all 50 states, the District of Columbia, the Caribbean, Europe, Latin America and Asia.

As a federally chartered organization, The American Legion upholds a sacred duty to provide free expert assistance for all who have served our country in the U.S. Armed Forces, as well as their families.

The American Legion is at work today in rural towns, urban neighborhoods, military installations and college campuses everywhere.

Each local post has its own unique identity, but they are all connected by common core values. A post in Puerto Vallarta, Mexico, for instance, provides care for children with cerebral palsy, Down Syndrome and other serious diseases. The American Legion in Wyoming coordinates the state high school rodeo championships. An American Legion post in central

California operates a multi-county ambulance service. Another, in Alabama, offers after-school mentorship for students seeking direction. A post in Connecticut built, owns and operates a housing facility to help homeless veterans restart their lives. Local examples of The American Legion's highest values are found worldwide, where differences are made daily for individuals, communities, states and the nation.

The Legion's fastest-growing membership segment is the post-9/11 generation. More than 100,000 strong and increasing, these young veterans join hundreds of thousands more who have served in the U.S. Armed Forces since World War II. No matter the era, our members are indelibly connected through love of country, hope for the future, remembrance of the fallen and duty above self.

The Constitution.

Law and order.

Americanism.

Memories of the Great Wars.

Individual obligation.

Peace, good will, prosperity, justice, freedom and devotion to mutual helpfulness.

Such values are embedded in the language of the Preamble to The American Legion Constitution. Generation after generation, one century to the next, the words have come to define a purpose as meaningful today as ever before.



A legacy of American Legion accomplishments and impact

- Consolidation of multiple disconnected federal offices, agencies and bureaus into one Veterans Administration in 1930
- Formulating, drafting and fighting for passage of the GI Bill of Rights in 1944, which educated millions, triggered a half-century of U.S. prosperity, revolutionized higher education and made home ownership possible for average Americans
- Establishment of a U.S. Flag Code and standard rules of respect and display
- Collaborated with Columbia University to prove that exposure to the defoliant Agent Orange caused deadly diseases and adverse health conditions among veterans
- Introduction, growth and continued administration of unparalleled youth programs in government (Boys State and Boys Nation); constitutional understanding and public speaking (American Legion Oratorical Contests); healthy competition (American Legion Baseball and Junior Shooting Sports); and more
- National leadership to improve care accessibility, access processing, update and achieve employee accountability
- Leadership in veteran care including employer-appropriate business representation in Washington, the military-to-civilian care



Services that make differences

Representing at no cost more than 700,000 veterans and their families seeking VA disability and medical benefits every day.

Participating in more than 1,000 job fairs and other career events for veterans and their families every year nationwide.

Fighting for fair conversion of military experience into credit hours for civilian careers in specialized fields such as emergency medicine, commercial driving, civil engineering and hazardous materials handling.

Providing comfort items for hospitalized military personnel recovering from wounds and illnesses.

Supporting and helping homeless veterans

Spending millions of volunteer hours at VA medical facilities at an estimated annual value of \$20 million.

Supporting veterans suffering from post-traumatic stress disorder and traumatic brain injury.

Addressing and lobbying Congress and the White House to provide timely VA health care, efficient benefits processing, effective GI Bill education provisions, a decent quality of life for active-duty military personnel and other issues important to Americans.

Assisting during natural disasters, from converting local posts into clinics after hurricanes and tornadoes, to providing food, relief items and other needs to displaced citizens.

Providing financial assistance to needy military and veteran families with young children at home.

Awarding grants to organizations that provide support for children in need.

Awarding college scholarships to children of U.S. servicemembers killed or disabled while on active duty since the terrorist attacks of Sept. 11, 2001.

Mentoring youth through American Legion Boys State and Boys Nation, as well as local, state and national American Legion Oratorical Contests.

Running hundreds of youth programs, including more than 3,000 Scouting units, nearly 4,000 American Legion Baseball teams, dozens of Junior Shooting Sports clubs, Junior ROTC and Junior Law Cadet programs.



Providing citizenship and naturalization education and support for legal immigrants seeking to become Americans.

Serving as the nation's foremost authority on U.S. flag respect, procedures and code.

Educating school children on such topics as flag respect, military service, history and patriotism.

Providing and distributing U.S. flags for the graves of American military personnel laid to rest at overseas cemeteries.

Demanding full accounting and repatriation, when possible, of all U.S. military personnel listed as prisoners of war or missing in action.

Participating at thousands of patriotic observances and events around the world each year at the local, state, national and international levels.

Handling honor guard services and memorial tributes for fallen military personnel and veterans, from individual funerals to memorial dedications.

Help us help others. Join now.



Anyone who has served federal active duty in the U.S. Armed Forces since Dec. 7, 1941, and has been honorably discharged or is still serving, is eligible for membership in The American Legion.

Because eligibility dates remain open, all active-duty members of the U.S. Armed Forces are eligible to join The American Legion at this time, until the date of the end of hostilities as determined by the government of the United States.

U.S. Merchant Marines are eligible for membership but only if they served from Dec. 7, 1941, to Dec. 31, 1946 (WWII).

legion.org/join

(800) 433-3318

Get involved

Sons of The American Legion and The American Legion Auxiliary offer membership opportunities to the families of Legion-eligible veterans, and The American Legion Riders offers additional opportunities to members of all three organizations.



alaforveterans.org



legion.org/sons



legion.org/riders

Support

Tax-deductible donations help support the many American Legion programs serving veterans, youth, families and communities across the United States.

legion.org/donate

(800) 433-3318



THE AMERICAN LEGION

P.O. Box 1055, Indianapolis, IN 46206

(317) 630-1200

@legion.org

[legion.org/facebook](https://www.facebook.com/legion.org)

twitter.com/AmericanLegion

FOR VETERANS

- Free assistance for veterans and families applying for VA benefits
- Relentless advocacy for a strong VA health-care system
- Free representation for veterans appealing claims decisions
- More than 1,000 job fairs and career events
- Support and assistance for homeless veterans

FOR AMERICA'S YOUTH

- American Legion Baseball
- Scholarships
- Flag education programs
- Oratorical competitions
- American Legion Junior Shooting Sports
- Youth Cadet Law Enforcement program
- Boys State and Boys Nation
- Junior ROTC
- Scouting

DEFENSE

- Cash grants for military families who have temporary financial needs
- Comfort items for hospitalized military personnel
- Advocacy for fair military retirement benefits
- Family Support Network of volunteers to help military families
- Representation in Washington to support proper DoD funding
- Assistance in cases before military discharge review boards

AMERICANISM

- National leadership in U.S. flag protection and respect
- Services to help legal immigrants become U.S. citizens
- Support for public expression of the Pledge of Allegiance and the national anthem

COMMUNITY

- Honor and remembrance of those who served and sacrificed
- Emergency relief in times of natural disaster
- Leadership at patriotic ceremonies and special events
- Connections with local schools and home-school students
- Numerous local programs and initiatives, tailored to each community's needs

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task force, and
ygon to improve
reer transition



A Word About Legionnaire Insurance Trust

Over Five Decades of Partnership for a Healthy America

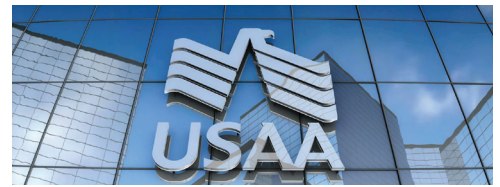
The Legionnaire Insurance Trust (LIT) was formed in 1966 with two primary goals: to provide Legion families with low-cost insurance protection, and to provide a source of revenue to participating Legion Departments.

The Trust has been so successful in its over fifty years that today over 500,000 Legionnaires in 50 participating Departments are enrolled in this unique program.

Also, in the same period of time, almost \$1 billion dollars in claim benefits have been paid to Legionnaires and their families through the LIT; and over \$100 million in allocations have been paid to participating Legion Departments. The first Trust insurance plan to be offered was the Hospital Income Protection plan, a program designed to pay fixed dollar amounts for periods of hospital confinement. Over the years, other insurance coverage offered included: Cancer, Accidental Death, Critical Illness, Disability Income, Emergency Assistance, Long Term Care, Medicare Supplement, Discount Cards, Dental, Whole Life, Auto, Homeowners, Identity Theft, and Home Health Care.

Since its creation, AGIA has worked closely with the Trust to develop insurance programs especially designed for Department members and their families. We are proud to serve you through the Trust and invite your inquiries and suggestions on any aspect of our activities.

More Than **50** Years Of Service To The Legion Family



LEGIONNAIRE INSURANCE TRUST

WHAT
IF . . .



THIS
WERE
YOU?

Learn How the Legionnaire Emergency Assistance Plus®
(EA+®) Helps You Handle Travel Emergencies.

Legionnaire EA+ steps in to help you with more than 20 emergency and medical services ... to help you focus on your recovery and NOT on the costs (or even details like lining up second opinions or flying loved ones home).*

Plus, acting right away also helps lock in your Legionnaire members-only price.

Secure your EA+ protection right away, you're guaranteed the same low price for a FULL year.

For more information log on to www.TheLIT.com/Emergency-Assistance-Plus or call toll-free 1-888-293-4008 today to speak with a representative.

*This is only an outline of the plans services. Please review your Member Guide carefully. EA+ is not insurance.



From Your
American Legion
Department

WE BELIEVE... IN SUPPORT FOR VETERANS



1919

2019



Be prepared with the
Lifeline Medical Alert Service

Learn more

Or call 855-495-4359

Fast access to help, 24/7



From Your
American Legion Department

Free
shipping

+ Free
activation

PHILIPS
Lifeline



YOUR SUMMARY OF AMERICAN LEGION BENEFITS

Reserved for Members

BENEFITS FOR THE HOME

Office DEPOT OFFICEMAX - Members receive up to 80% off of over 93,000 items online or in-store with a purchasing card printable online. Next day delivery is free on purchase of \$50 or more for American Legion members.

LifeStation LIFESTATION - Members can receive special discounted rates on a medical alert system and a free extra item.

OMAHA STEAKS® - Members can enjoy free shipping on exclusive combos and an additional 10% off entire order with Omaha Steaks.

ADDED MEDICAL BENEFITS

CVS/caremark DISCOUNT PRESCRIPTION DRUG PROGRAM - Members and dependents can save up to 20% or more through CVS/caremark.

amplifon DISCOUNTS ON HEARING AIDS - Members, family and extended family are eligible for hearing care discounts from Amplifon Hearing Health Care. Benefits include: hearing aid low-price guarantee; convenient locations nationwide; risk-free 60-day trial period; 1-year free follow-up care; free 2-year supply of batteries (160 cells).

INSURANCE

LIFE INSURANCE THROUGH MUTUAL OF OMAHA - Members aged 45-85 are eligible for guaranteed issue whole life policies. (May not be available in all states).

USAA - Provides a full range of financial products including: insurance, banking, investments, and financial advice. As an American Legion member, you are eligible to join. There are no membership fees to join USAA and when you sign up, your eligible family members can join USAA as well.

AUTO RENTAL, RELOCATION, AND TRAVEL

ALAMO AUTO RENTALS - Members can receive special discounts with ALAMO, NATIONAL, and ENTERPRISE. Note: These discount offers are valid at participating locations and are not valid with any other discounts or special prices in the U.S.

NORTH AMERICAN VAN LINES AND ALLIED VAN LINES - Preferred savings of 50% or more on interstate (state-to-state) moving and in-transit storage.

GOV VACATION REWARDS GOV VACATION REWARDS - Members can get the best discount available on travel including airfare, hotel, car rental, vacation packages, cruises, and more.

VETERANS HOLIDAYS - This program offers members the opportunity to rent a furnished condominium for 2-8 people, for an entire week, for less than they would pay for a single hotel room.

MOTEL 6 - Members receive a 15% discount at any of the 1,100 pet-friendly Motel 6 locations in the U.S. and Canada.

BEST WESTERN - American Legion members can save 10% or more at more than 2,100 North American Best Western locations. Members are also eligible for free enrollment in Best Western Service Rewards®.

WYNDHAM HOTEL GROUP - Save up to 20% off the best available rate at thousands of participating hotels throughout the world!

WYNDHAM HAWTHORN RAMADA - Save up to 20% off the best available rate at thousands of participating hotels throughout the world!

WYNDHAM HAWTHORN RAMADA - Save up to 20% off the best available rate at thousands of participating hotels throughout the world!

ASSISTANCE WITH YOUR VETERAN BENEFITS

BENEFIT ASSISTANCE - The American Legion helps all veterans obtain full medical, career and education benefits, as well as assistance in preparing VA claims applications.

VETERANS' REPRESENTATION - The American Legion is the nation's largest and most effective advocate in Washington D.C. for veterans, troops and their families. The American Legion fights every day on Capitol Hill and across the country for a quality VA health-care system, improved benefits processing and a decent quality of life for active-duty military personnel.

ACCREDITED SERVICE OFFICERS - The American Legion has nearly 3,000 trained experts in veteran benefits nationwide. Visitors of www.legion.org can search online for the service officer nearest to them.

CAREER OPPORTUNITIES FOR VETERANS - The American Legion works closely with numerous employers, lenders and agencies, including the Department of Labor and the Small Business Administration, to produce hundreds of career events across the country each year. The Legion is also the nation's leading advocate for veteran entrepreneurs and job candidates who have service-connected disabilities.

TOP-RANKED MEMBER MAGAZINE - You'll receive a full year's subscription to *The American Legion Magazine*, the nation's most widely circulated publication for veterans and top-ranked magazine, among all titles, for readership. Each issue is packed with features, commentaries, interviews, military history, photos and more of interest to America's veterans.

The American Legion * P.O. Box 7017 * Indianapolis, IN 46207

NOTE: These discount offers are valid at participating locations and are not valid with any other discounts or special prices. The American Legion does not guarantee any discounts.

Veterans & Children Foundation



Our Impact

Free service for 750,000+ veterans

You see it in the news right now – toxic exposure to Agent Orange or burn pits, invisible wounds of war, unexplained illnesses and other conditions related to military service. These veterans who fought for our country now fight for care and accountability from the government they swore with their lives to defend. Navigating the VA benefits system can be complex. Veterans often give up, leaving them with debilitating conditions; or worse, they die before their claims applications are decided. This is where more than 3,000 American Legion service officers make all the difference.

Accredited American Legion service officers receive special training to provide expert assistance, free of charge, to any veteran or family member of a veteran looking for answers. They help veterans apply for VA disability benefits and assist with critical information, referrals and resources on education, training, employment, business, death benefits and more.

American Legion representatives secured an estimated \$14.25 billion in VA disability compensation and other benefits for veterans and their families in 2020 alone. Without service officers, these benefits would have gone unrealized.

\$500K-\$1M distributed annually in Temporary Financial Assistance



The American Legion Temporary Financial Assistance program awards hundreds of cash grants a year to help minor children of military personnel and qualified veterans. These grants help families in crisis with needs like food, shelter, utilities and medical costs, to stabilize homes.

During the 2019 federal government shutdown, members of the U.S. Coast Guard went over a month without paychecks. The American Legion stepped in, delivering over \$1 million in Temporary Financial Assistance to more than 1,700 junior enlisted personnel who had young children at home.

Be there for a service member or veteran in need

- The American Legion Veterans & Children Foundation directly provides:
 - Necessary training for service officers who provide vital, free support.
 - Grants that help active-duty military and veteran families with children during their time of need.
 - Hope when it seems there is nowhere else to turn.

About the Foundation

The American Legion Veterans & Children Foundation funds a vast network of service officers who provide free assistance to veterans applying for disability benefits they earned through military service. The foundation also extends a financial safety net for military and veteran families with children, who are facing unexpected financial hardships that threaten the stability of their homes.

The American Legion delivers more than hope for America's veterans and military families. We deliver results.

Cases in Point

Tennessee Legionnaire Walter Culberson lost his job when the pandemic hit.

The American Legion responded by providing him with a one-time grant that paid for two months of utilities, food and gas. It was the lifeline he needed until he got a new job and could provide for his family once again.

From June 2020 to April 2021, Oklahoma American Legion Post 88 anticipated the need for benefits assistance during the pandemic.

The post's team of service officers maintained regular socially distanced office hours and worked tirelessly from home on claims.

The result: nearly \$1.1 million in benefits for disabled veterans and their families in the local community.

LEARN MORE ONLINE
LEGION.ORG/VCF

Join your fellow American Legion members who support the Veterans & Children Foundation

FORT KENNEDY

7600 SE Johnson Creek Blvd.

Portland OR 97206

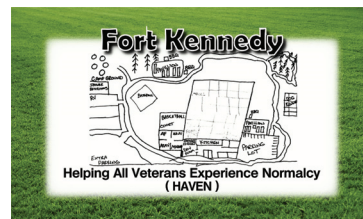
(503) 765-2661

Hours:

9:00AM to 3:00PM

Mon, Tues, Wed, Thurs, Fri

Closed Saturday and Sunday



~ Services available ~

* Housing assistance * Help with VA claims (VSO) * Legal assistance * PTSD classes * AA meeting * Food pantry * Clothing closet * Baby closet * Hair cuts & shaves * Laundry services * Pet food & supplies *

★ Fellowship: a place where people care! ★

★ A place where you will feel welcomed and comfortable! ★

~ People we partner with ~

* American Legion VSO * CVMA * Clackamas County * DAV * Fido Project * Gold Star Wives * Houseless Veteran Programs * In-Country * Legion Riders * Multnomah County * Do Good Multnomah * Teamster Horsemen * VFW#1324 * VVA#392 * Washington County *

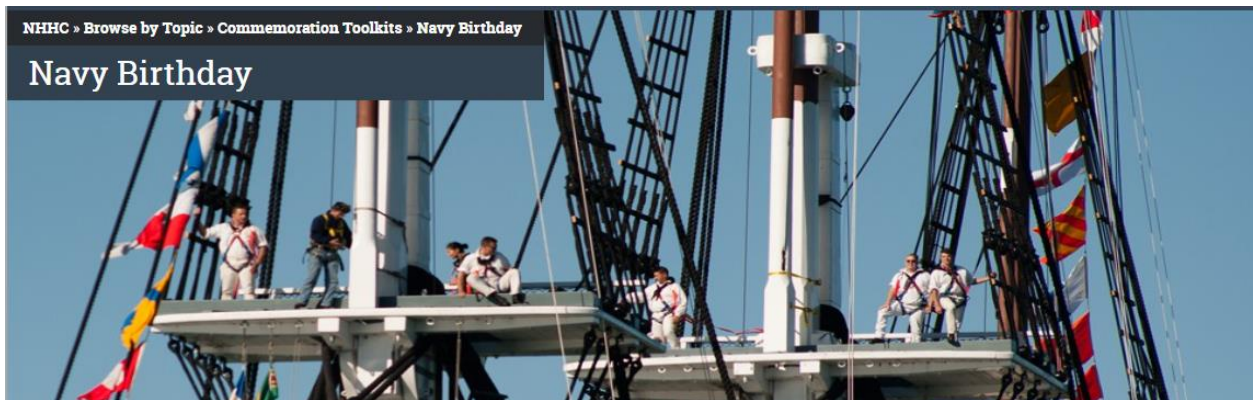
MAKE SURE YOU ARE RECEIVING ALL THE BENEFITS AS A MEMBER OF THE AMERICAN LEGION!



A Blue Star Banner displayed in the window of a home is an American tradition. The banner lets others know that someone in the home is proudly serving on active duty in the U.S. Armed Forces. Order your Blue Star Banner from The American Legion National Emblem Sales. Call toll-free 1-888-453-4466 or order online at www.emblem.legion.org.



Happy 247 years



A 13 October 1775 resolution of the Continental Congress established what is now the United States Navy with "a swift sailing vessel, to carry ten carriage guns, and a proportionable number of swivels, with eighty men, be fitted, with all possible dispatch, for a cruise of three months...." After the American War of Independence, the U.S. Constitution empowered the new Congress "to provide and maintain a navy." Acting on this authority, Congress established the Department of the Navy on 30 April 1798.

In 1972, Chief of Naval Operations Admiral Elmo R. Zumwalt authorized official recognition of 13 October as the birthday of the U.S. Navy. Since then, each CNO has encouraged a Navy-wide celebration of this occasion "to enhance a greater appreciation of our Navy heritage, and to provide a positive influence toward pride and professionalism in the naval service."

13 October 2022 will mark the Navy's 247th birthday. The central theme of this year is "On Watch - 24/7 for 247 Years," which highlights our Navy's enduring ability to remain fully ready to respond to and effectively deter emergent threats.

Need additional information for Navy birthday commemoration planning? Please contact the Communication Branch of NHHC at 202-433-7880 or email NHHC_PublicAffairs@us.navy.mil

T&R Backflow Services

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Oregon State Health Division Certified

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Tim Aufenthie



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The American Legion was chartered and incorporated by Congress in 1919 as a patriotic veterans' organization devoted to mutual helpfulness.

In 1944, President Franklin D. Roosevelt signed into law the original GI Bill, or Servicemen's Readjustment Act, ushering in monumental changes in U.S. society. Six months earlier, The American Legion wrote the first draft of what later became the "GI Bill of Rights" – considered The American Legion's single greatest legislative achievement. Higher education becomes democratized after 8 million veterans go to school on the GI Bill, get better jobs, buy houses in the suburbs and raise families.

Today, more than 2,000 high school students annually participate in The American Legion's Junior Shooting Sports National Air Rifle Championships at the Olympic Training Center in Colorado Springs, Colo. The first event was held in 1991.

The American Legion provides free, professional assistance -- for any veteran -- in filing and pursuing benefits claims before the Department of Veterans Affairs.

Since 1938, The American Legion National High School Oratorical Program: "A Constitutional Speech Contest," has presented participants with an academic speaking challenge that teaches important leadership qualities, the history of our nation's laws, the ability to think and speak clearly, and an understanding of the duties, responsibilities, rights and privileges of American citizenship. Many politicians and news anchors have been participants, including CNN anchor Lou Dobbs.

There are nearly 2 million members of The American Legion, making it the nation's largest wartime veterans service organization.

The American Legion donated \$1 million to the Vietnam Veterans Memorial Fund for construction of the Wall in Washington, becoming the largest single contributor to the project.

Facts About The American Legion

The American Legion announces its sponsorship of an independent study on the effects of exposure to Agent Orange on Vietnam War veterans. Congress receives the results of the "American Legion-Columbia University Study of Vietnam-era Veterans" in 1989.

Approximately 20,000 young men annually participate in Boys State, a Legion program dedicated to promoting leadership. Boys State alumni include former President Bill Clinton, news commentator Tom Brokaw, professional basketball player Michael Jordan, astronaut Neil Armstrong and many more

The American Legion has more than 12,000 Posts in communities throughout the United States. In addition to Posts in every state, The American Legion has Posts in the District of Columbia, France, Mexico, Puerto Rico and the Philippines.

On Aug. 9, 1921, a Legion-led effort resulted in the creation of the U.S. Veterans Bureau, which later became the Veterans Administration.

The first "Flag Code" is drafted during a Legion conference in Washington in 1923. Congress adopts the code in 1942. Today, The American Legion is at the forefront of efforts to pass a constitutional amendment to protect the U.S. flag from physical desecration.

In 2010, The American Legion's **Operation Comfort Warriors program** won first place and \$250,000 in PepsiCo's Refresh Everything Project. OCW received the most votes in an online contest and defeated hundreds of other groups and charities to take first place.

Legion Baseball was formed in 1925 during an American Legion South Dakota Department state convention. By 1926, Legion Baseball posts in 15 states developed. Today, the program registers more than 5,400 teams in all 50 states, Canada and Puerto Rico.

Since 1919, American Legion Posts have sponsored more than 2,500 Scouting units across the country. Annually, The American Legion honors an Eagle Scout of the Year with a \$10,000 scholarship.



LARRY WITTMAYER
DEPARTMENT COMMANDER

campaign is a three-year project. Each year, each District Committee, each post board, and each individual member will be asked to dig deep. At this

It is a distinct pleasure to thank all of the Posts who have stepped up and contributed to the Department fund challenge. I think it should be made clear that this cam-

point, we are at \$14,219 raised out of a \$93,000 goal.

If our membership were to increase significantly, it would help tremendously with the continued decline. Continued declining membership is the partial reason for this deficit.

Some of the events this Department has been successfully involved in so far this year is Portland International Raceway. Suicide Prevention Awareness booth. Department of Washington Convention. The Oregon Legion College. The family team leadership meetings. Newburg Festival Parade.

The 9/11 Memorial Ceremony in Albany.

We held a couple of virtual DEC's to handle urgent business. We also represented the Department at the National Legion Convention in Milwaukee. We were awarded the William F Lenker National Service trophy.

In closing, I am grateful for the teamwork this Department is showing. Please attend the Fireside chat with the National Commander candidate Jim La Coursiere on Friday, October the 28th, from 7:00 to 8:00 PM, with Pizza and soft drinks.



LARRY WITTMAYER
SCOUTING CHAIR

Jamboree. Presently, this chair is working with the CPC Council Commissioner to develop a plan to involve more Posts in scouting.

With summer camp and Cub Day camp over, this past summer was a huge success. Many councils are planning for the 2023 National

Oregon Trail Council 541-485-4433

10- 1- 2 MB Fall Camp
10- 8 Outdoor adventure day
10-14-16 Annual fellowship
10- 15. Jamboree on the air
10- 28 -30th Cub. Haunted trails

Blue Mountain Council 509-735-7306

10- 8. Automotive maintenance MB
10- 14 NRA Basic rifle shoot Course

10- 14 WEBELOS-
REE
10-15 Jamboree
on air
11-20. Ham Radio
Testing



Mountain West Council 208-376-4411

10-8 -9 Wilderness First Aid
10- 29 OA Fall fellowship
11-5 and 12 Scouting for food

The council agendas:

Cascade, Pacific Council 503-225-5777

10- 1—3rd Bigfoot search
10- 1 NRA basic range safety
10- 7 - 9 OA Fall Rendezvous
10- 22-23 Wilderness First Aid
10 -5 College of Youth Leadership
11-5 University of Scouting

PACT ACT SPECIAL HEALTH CARE ENROLLMENT PERIOD

October 1, 2022 – October 1, 2023

Did you serve in a theater of combat operations during a period of war after the Persian Gulf War?

—OR—

Did you serve in combat against hostile forces after November 11, 1998?

—AND—

Were you discharged or released between 09/11/2001 and 10/01/2013?

It's free, no annual costs, and your health care may be free as well!

U.S. Department of Veterans Affairs



THE AMERICAN LEGION – MEMBERSHIP APPLICATION



Name _____ (First) _____ (Initial) _____ (Last) _____ (Date of Birth) _____

Mailing Address _____ (Street) _____ (City) _____ (State) _____ (ZIP) _____

(Phone) _____ (Email) _____ ☐ Male ☐ Female
(Gender) _____ (Post #) _____ (Dues) _____

☐ I certify that I served at least one day of active military duty since December 7, 1941 and was honorably discharged or am still serving honorably.

Please check appropriate eligibility era and branch of service below:

- | | |
|-----------------------------------------------|-------------------------------------------------------|
| <input type="checkbox"/> Global War on Terror | <input type="checkbox"/> U.S. Army |
| <input type="checkbox"/> Gulf War | <input type="checkbox"/> U.S. Navy |
| <input type="checkbox"/> Panama | <input type="checkbox"/> U.S. Air Force |
| <input type="checkbox"/> Lebanon/Grenada | <input type="checkbox"/> U.S. Marines |
| <input type="checkbox"/> Vietnam | <input type="checkbox"/> U.S. Coast Guard |
| <input type="checkbox"/> Korea | <input type="checkbox"/> Merchant Marines (WWII only) |
| <input type="checkbox"/> WWII | |
| <input type="checkbox"/> Other Conflicts | |

Signature of Applicant _____ Date _____ Name of Recruiter _____

Mail completed application to The American Legion National Headquarters, Attn: Internal Affairs. Annual dues must accompany completed application. Ask local contact for amount due. For current department/state address, go to www.legion.org.

ALA 08/2019

DUES RECEIPT (Please Print)

Date _____
Received From _____
\$ _____ for 20 _____ Dues
Recruiter's Name _____
Recruiter's Signature _____
Recruiter's Phone # _____



SONS OF THE AMERICAN LEGION – MEMBERSHIP APPLICATION



Date _____

Detachment of _____ Squadron No. _____ Birth Date _____

Name _____ (First) _____ (Initial) _____ (Last) _____ Recruited by _____ (Initial) _____ (Last) _____

Address _____ (Street) _____ (City) _____ (State) _____ (ZIP) _____ (Phone) _____

Veteran through whom eligibility is established _____

(a) Above is a member in good standing of Post No. _____ Department of _____

OR (b) Above is a deceased veteran who served honorably from _____ to _____

(c) Relationship of Applicant to Veteran _____

Has Applicant previously been a member of the SAL? _____ Where? _____

I hereby subscribe to the Constitution of the Sons of The American Legion, apply for membership, and

Email Address _____ Transmit \$ _____ for 20 _____ annual membership dues

Signed By Applicant (or Parent) _____ Eligibility certified by _____

Mail completed application to Sons of The American Legion department/state headquarters. Annual dues must accompany completed application. Ask local contact for amount due. For current detachment address, go to The American Legion department/state headquarters, or visit www.legion.org.

ALA 12/2013

DUES RECEIPT (Please Print)

Date _____
Received From _____
\$ _____ for 20 _____ Dues
Squadron No. _____
Department of _____



AMERICAN LEGION AUXILIARY – MEMBERSHIP APPLICATION



APPLICANT INFORMATION

Full Name _____

Address _____

City _____ State _____ ZIP _____

Home Phone _____ Cell Phone _____

Email Address _____ Unit # and Location (if known) _____

Date of Birth (Required) ☐ Birth - 17 ☐ 18 and over

Have you been a member previously? ☐ Yes ☐ No (If yes, fill in below, if known.)

Previous Unit City/State: _____ ALA ID#: _____

Signature of Applicant (or legal guardian if under 18) _____ Date _____

Submit this application to the ALA unit you wish to join. If unit is unknown, contact National Headquarters at (317) 569-4500 for assistance.
Annual dues must accompany completed application. Ask local contact for amount due.
Membership pending approval of application.

ELIGIBILITY INFORMATION

Eligible Through—Name of Veteran (Female Veterans: List Your Own Name) _____

If Living: American Legion Member ID # _____ Post # _____ City _____ State _____

☐ Deceased (If veteran is deceased, contact ALA unit about the necessary military records.)

Veteran Served:

☐ WWI (4/6/1917-11/11/1918)

☐ Anytime After 12/7/1941 (check all that apply):

- | | | |
|-----------------------------------------------|------------------------------------------|------------------------------------------|
| <input type="checkbox"/> Global War on Terror | <input type="checkbox"/> Lebanon/Grenada | <input type="checkbox"/> WWII |
| <input type="checkbox"/> Gulf War | <input type="checkbox"/> Vietnam | <input type="checkbox"/> Other Conflicts |
| <input type="checkbox"/> Panama | <input type="checkbox"/> Korea | |

Applicant's Relationship to the Veteran:

- | | | |
|--------------------------------------|----------------------------------------|---------------------------------|
| <input type="checkbox"/> Male Spouse | <input type="checkbox"/> Female Spouse | <input type="checkbox"/> Mother |
| <input type="checkbox"/> Grandmother | <input type="checkbox"/> Sister | <input type="checkbox"/> Self |
| <input type="checkbox"/> Daughter | <input type="checkbox"/> Granddaughter | |

To Be Completed By The American Legion Post Adjutant/Officer

I certify that the above named individual served at least one day of active duty during the dates marked above and was honorably discharged or is still serving honorably.

Post Adjutant/Officer Membership Verification _____

Date _____

ALA 09/2019

DUES RECEIPT (Please Print)

Date _____
Received From _____
\$ _____ for 20 _____ Dues
Recruiter's Name _____
Recruiter's Signature _____
Recruiter's Phone # _____